

## **Individual Professional Psychosocial Rehabilitation (6/3/09)**

MHD Code and Rate: H2017HO \$20.36 (per ¼ hr.)

MHD Provider Pay Rate: \$17.72 (per ¼ hr.)

POS Code and Rate: H2017P \$17.72 (per ¼ hr.)

Description and documentation requirements: Individualized mental health interventions using a skills based approach to address identified behavioral problems and functional deficits relating to a mental disorder that interferes with an individual's personal, family, or community adjustment. Services must be documented according to the requirements set forth in 9 CSR 30-4.035 8 (B).

Qualified staff: A professional counselor licensed or provisionally licensed under Missouri law and with specialized training in mental health services; or, a clinical social worker licensed or provisionally licensed under Missouri law and with specialized training in mental health services.

Qualified Provider agency: An agency certified to provide an Adult Community Psychiatric Rehabilitation program (CPR) by the CPS Division, Missouri Department of Mental Health.

## **Group Professional Psychosocial Rehabilitation**

MHD Code and Rate: H2017HOHQ \$5.09 (per ¼ hr.)

MHD Provider Pay Rate: \$4.43 (per ¼ hr.)

POS Code and Rate: H2017S \$4.43 (per ¼ hr.)

Description and documentation requirements: Group mental health interventions using a skills based approach to address identified behavioral problems and functional deficits relating to a mental disorder that interferes with an individual's personal, family, or community adjustment. Maximum group size is one professional to eight (8) consumers. Services must be documented according to the requirements set forth in 9 CSR 30-4.035 8 (B).

Qualified staff: A professional counselor licensed or provisionally licensed under Missouri law and with specialized training in mental health services; or, a clinical social worker licensed or provisionally licensed under Missouri law and with specialized training in mental health services.

Qualified Provider agency: An agency certified to provide an Adult Community Psychiatric Rehabilitation program (CPR) by the CPS Division, Missouri Department of Mental Health.

## Specialized Staff Training Requirements

All required training must be documented in personnel files according to 9 CSR 30-4.034 (11)

Staff providing individual and group professional psychosocial rehabilitation services must have the following initial training:

- Orientation and training to the CPR program as described in 9 CSR 30-4.034 7 A (1-7)
- Documentation and Medicaid compliance training (materials available on the DMH web site at: <http://www.dmh.mo.gov/cps/provider/training/DocumentationTraining.htm>)

Staff providing individual/group professional psychosocial rehabilitation services must have the following additional training within six (6) months:

- Additional training as described in 9 CSR 30-4.034 7 D (1-9)
- Cognitive behavioral therapy – 2.5 hrs
- Creating a recovery based mental treatment plan – 2 hrs
- Illness management and recovery – 2.5 hrs
- Introduction to DBT – 2 hrs
- IDDT including motivational interviewing and stage-wise treatment – 2 hrs
- Motivational interviewing – 4 hrs
- Suicide prevention – 2 hours
- PTSD – 1 hr
- Medications, basic diagnostic principles and collaboration with prescribers – 1 hr
- Older adults with psychiatric illness – 1 hr

\*Much of the continuing training/education is available in the E-Learning catalog. If a provider has any questions regarding the appropriateness of a particular training protocol, the Department should be consulted. If a staff person has already received training in an area, the requirement may be waived if the training is documented in the personnel record. In the event that a staff person will be specializing in a particular type of service approach, the agency may request an exception to the portions of the training curriculum not relevant to their work.